Culling from 25 years of experience as an international performer, professor and creative thinker, Dr. Connie Frigo, Associate Professor of Saxophone at the University of Georgia, delivers workshops that deepen the learning experience and heighten performance results for musicians, educators and audiences. In addition to her international performing and teaching credentials, she is a sought-after presenter on professional development, entrepreneurship, creativity and women in music. She is also a steadfast organizer of interdisciplinary events with a focus on the creative process, human connection and engaging new audiences.

Connie is the inaugural Chair of the North American Saxophone Alliance’s Committee on the Status of Women, where her leadership has overseen the launch of a women’s mentoring program, a saxophone concerto consortium commission by a woman composer for a woman soloist and middle school band, and gender data collection for the 1800-member organization. She is a Fulbright Scholar to the Netherlands and an Artist/Clinician with Henri Selmer Paris and D’Addario.

Career highlights include six years with the premier U.S. Navy Band, Washington, D.C, a position she won as a junior in college, making her the youngest member of the band for three years; seven years touring nationally as the baritone saxophonist with the New Century Saxophone Quartet; and faculty positions at the University of Tennessee at Knoxville, University of Maryland at College Park and Ithaca College prior to UGA. She is the founder of Road of Creativity, a coaching and consultancy service focused on helping people remove barriers between themselves and their deepest artistic potential.

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In recent years, Connie has traveled to Italy, Russia, Brazil, Panama and Croatia to perform and teach. She has served on the summer faculties of the American Saxophone Academy at the Eastman School of Music, the Great Plains Saxophone Workshop in Oklahoma, and the Dakota Chamber Music Festival in North Dakota, and has recorded with Mark Custom Records, Channel Classics and Basta labels. In August 2017, her trio, The Yargo Trio, featuring flute and piano, released their debut album Voices, Reimagined, produced by Mark Records.

With a special interest in collaborating with living composers, Frigo has been a part of commissioning and premiering the works of many composers including Dutch “avant pop” composer JacobTV, Bang On a Can co-founder David Lang, Ben Johnston, John Fitz Rogers, Joel Love and Peter van Zandt Lane, among others. In 2020, Yargo will premiere a new work written for them by American composer Lowell Liebermann.

For the North American Saxophone Alliance, Connie has served as Coordinator of Competitions (2007-2010) and 2014 Biennial Conference Program Chair. She is a grant recipient of the National Endowment for the Arts, Aaron Copland Fund, Netherlands-America Foundation, and Chamber Music America, and is a graduate of Ithaca College (BM), U. of Illinois (MM), Conservatorium van Amsterdam (Fulbright) and U. of South Carolina (DMA).
Workshop Session 1

Collaborative Art: Making a Masterpiece Together
Paula Plott Gregg

Cultivating Curiosity?: Nothing But Questions
Dr. Connie Frigo

Essential Shakespeare
Lane Davies

Introduction to Frame Loom Weaving
Kacie Lynn

Lights! Camera! Action! Music!: Integrating Film, TV, and Video Game Music into the Classroom
Dr. Scott Stewart

When Arts Teachers Become Artistic Directors and Students are Fellow Artists
Dr. Robert Glor

Workshop Session 2

Awaken: Nurturing the Creative Mind
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Bon Appetit!: Healthy and Creative Programming Ideas for Performance Ensembles
Dr. Scott Stewart

Introduction to Fiber Sculpture
Amy Reader

Introduction to Earth Pigments
Amanda Brazier

“Kick-Ball-Change” into a Choreographer
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In this session, teachers will explore the endless possibilities of collaborative art projects and their ability to build community, cultivate communication and, encourage discovery in the classroom. Paula utilizes collage, painting, mixed media and sculpture in her artwork and capitalizes on art’s ability to reach students and build meaningful connections—and she always creates fun in the process!

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**Essential Shakespeare**  
Lane Davies  
A Workshop in Six Acts:  
THE BARD – BOREDOM BANISHED; SCANSION in Five Minutes or Less; BREATHING – Do it or Die; HOWL, HOWL, HOWL – Vocal Vivacity; RESEARCH for the Compleat Idiot; ETYMOLOGY – No, it’s not bugs; THE FUN STUFF – Imagery, Ideation and Characterization; PLUS : TRICKS OF THE TRADE

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In this workshop you will learn the basics of weaving on a small metal frame loom using locally sourced + naturally dyed fabric and fiber, along with a handful of not so conventional materials. In order to allow for optimal weaving time, the frame looms will already be warped and prepped for each participant. Basic weaving techniques including tabby weave, creating tassels, tapered braids, and ways to add texture will be covered. I will also share tips and tricks to finish your masterpiece and remove it from the loom. Each participant will go home with their woven masterpiece and a fresh perspective on how to incorporate these techniques into several multimedia + larger collaborative projects.

**Lights! Camera! Action! Music!: Integrating Film, TV, and Video Game Music into the Classroom**  
Dr. Scott Stewart  
Often in the classroom we wonder why our students struggle with bringing their artistic visions to life. The culprit is sometimes a lack of language. We create art because words do not suffice, but how do we articulate our artistic visions or technical corrections? Demonstrating for our students is seldom enough. Through a series of exploratory exercises using Laban Motif symbols and Effort symbols, students ranging from K-12 can enhance their ability to communicate artistic visions. In this session we will experience the power of language to create phrase work, clarify movements, and give a spring-board to easily discuss concepts such as theme and variation and call and response. We will also discuss classroom applications across the arts.

**When Arts Teachers Become Artistic Directors and Students are Fellow Artists**  
Dr. Robert Glor  
Teaching in the arts is often about the nuts and bolts of each area. To name a few, we teach technique, rhythm, patterns, and performance/presentation skills. When do teachers of the arts make a decision to teach the bigger picture? What if your year had an artistic theme? What if your school had a goal of creativity? What if you were to decide that as an artistic person you want to guide your students to a deeper experience? We will discuss the possibility of allowing an openness of your creativity to help teach your students to be more creative and expressive of their art and how implementation might occur.
Workshop Session 2

Awaken: Nurturing the Creative Mind

Cindy Michaels & Jaime Beckler

In the daily life of educators there is often too much to manage or get done. Even art teachers — who live for creativity — find themselves over-whelmed, under-inspired, and unable to connect with the thoughts and projects that help them tick. In this workshop, participants will receive tools to help them recharge, destress, and open themselves up to new inspiration.

Bon Appetit!: Healthy and Creative Programming Ideas for Performance Ensembles

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Introduction to Earth Pigments

Amanda Brazier

This workshop explores ancient ways of creating with mineral pigments. Working with local earth can foster within our creative practice a deeper narrative of place and relationship with the land. We will process rocks and clays into pigments and prepare our own mini set of watercolor paints.

“Kick-Ball-Change” into a Choreographer

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Stumped on how to choreograph the showstopper for your spring musical? Bored with the same old “step-touch” for your holiday choral concert? Join Jenna Jackson Morris, Alliance Theatre teaching artist and Atlanta-based performer, for a musical theater choreography workshop. Learn how to incorporate basic dance moves into your upcoming performance and even activate your students as choreographers. This session is open to movers of all abilities and backgrounds – no previous experience in dance required! Be sure to wear comfortable clothes and shoes.

Teaching More than Music! Choral Music at its Best!

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What's new in choral music? Choral music has changed and expanded in the last few years. Music and arrangements for different levels of abilities, a cappella pop music, festival and concert music will be explored. Literature will be discussed and performed along with techniques on how to choose appropriate material for the changing demographics. Other topics will include language for all students, an open accepting and environment, a different view from our own experiences compared to our students and being available to students through the literature we select. Also tools to help manage your programs including websites, practice tracks, and ear training apps.
Jaime Beckler is a 200-hour registered yoga teacher. Jaime has almost twenty years experience as an Occupational Therapist. She is currently receiving further training to become a Therapeutic Specialist in yoga through Yoga Medicine. Jaime teaches yoga classes at Wrens Nest Center for Wellbeing.

“Although I love the physical practice of yoga, it is the way it quiets the mind and the inner work that brings me back to my mat.”

Workshop Session 2

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Amanda Brazier is a painter living in Chattanooga, Tennessee. She received her BA in Studio Art and Spanish from Freed-Hardeman University in 2007. For the last eight years she has been gathering and using local earth pigments in her paintings in order to connect more deeply with the history and material of painting and place. She is also a facilitator for the public art organization Mark Making.

Workshop Session 2
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Lane Davies

LANE DAVIES (Director/Chorus/Erpingham) grew up in Dalton, the son of Bill and Emily Davies. His first substantial stage role was in the Dalton Little Theatre’s production of The Caine Mutiny Court Martial. Perhaps best known for sardonic roles in television comedy and drama, during 30 years as a stage actor, Lane has performed such roles as Hamlet, Macbeth (4), Richard III, King Lear, shylock, Prospero, Petruchio (2), Henry V, Claudius, Marc Antony, Oberon (3), Capulet, Benedick, Orsino, Proteus, Tybalt, and Cyrano de Bergerac (2) in companies from San Diego to Providence, Rhode Island. More recently, he has been active in Europe with the Prague Shakespeare Company, as Edward IV in Richard III, Armado in Love’s Labors Lost, Cervantes/Quizote in Man of La Mancha, and Agamemnon in both Troilus and Cressida and The Trojan Women. Lane has directed a dozen productions of A Midsummer Night’s Dream, as well as productions of Macbeth, Hamlet, The Comedy of Errors, The Two Gentlemen of Verona, Romeo and Juliet, 12th Night, and Henry V, among others. On television, he was the original ‘Mason Capwell’ on NBC’s 80s soap Santa Barbara, an international hit which has now played in over 53 countries worldwide. Other television credits include starring roles in four prime-time series, Good & Evil, The Mommies, Woops! and The Crew. He appeared regularly as the psychopathic time-traveler ‘Tempus’ on Lois & Clark - The New Adventures of Superman, and recurring on 3rd Rock from the Sun as ‘Chancellor Duncan’, on The Practice as ‘Kyle Barrett’, and on Scrubs as ‘Dr. Simon Reid’. Television credits also include seven pilots and some 50 guest-star appearances, including such shows as Seinfeld, Working, The Nanny, Ellen, Jesse, Coach, Major Dad, Clueless, Married With Children, Just Shoot Me, and Good Luck, Charlie. As Artistic Director for the Santa Susana Repertory Company, a professional resident theater company in Ventura County, Lane produced and/or directed over 40 productions and guided the company from its inception. He also founded and was Co-Artistic Director of the Kingsmen Shakespeare Festival in Thousand Oaks, now in its 22nd season, and was Artistic Director of the Tennessee Shakespeare Festival from 2008 to 2011.

Workshop Session 1

Essential Shakespeare

A Workshop in Six Acts:

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SCANSION in Five Minutes or Less;
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Paula Plott Gregg

Paula Plott Gregg is a native Daltonian who began her formal artistic career in the local textile industry. Her work as a fine artist became known in the area after completing several residential and commercial murals. She currently spends her days in the studio where she works on commissioned paintings, portraits, custom designed jewelry, folk art, and commercial contracted carpet designs.


Workshop Session 1

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Kacie Lynn

I grew up in Soddy Daisy, along the Tennessee River. While pursuing a degree in Apparel Design from Auburn University, I became acutely aware of the detrimental affect the fashion industry has on the environment. Equipped with this knowledge I decided to work in symbiosis with the planet. For the past 8 years I have been raising a humble herd of alpacas and sheep, learning all I can about the full process of turning raw fiber into finished products. I currently live on my homestead in Tracy City, TN where I tend to my herd, teach workshops, and host farm tours while being in constant gratitude for the beauty of the South Cumberland Plateau.

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In 2016, Cindy Michaels, founder and owner of Wrens Nest Center for Wellbeing, earned her Certified Yoga Therapist certificate from the International Association of Yoga Therapists. Prior to that, she completed an 800-hour Professional Yoga Therapy training program through Etowah Valley Yoga, a member school of the International Association of Yoga Therapists. In addition, she is a 500 hour experienced yoga teacher and a registered prenatal yoga teacher certified through Yoga Alliance. Cindy has 35 years experience as an occupational therapist and built a thriving business comprised of physical therapists, speech therapists and psychologists. She also holds a master’s degree in child development. That experience, along with her yoga certifications, gives her expert knowledge about the body and confidence in working....
“Kick-Ball-Change” into a Choreographer

Stumped on how to choreograph the showstopper for your spring musical? Bored with the same old “step-touch” for your holiday choral concert? Join Jenna Jackson Morris, Alliance Theatre teaching artist and Atlanta-based performer, for a musical theater choreography workshop. Learn how to incorporate basic dance moves into your upcoming performance and even activate your students as choreographers. This session is open to movers of all abilities and backgrounds – no previous experience in dance required! Be sure to wear comfortable clothes and shoes.

Jenna Jackson Morris

Jenna Jackson Morris is a proud Virginia native and attended Oklahoma City University, receiving her Bachelor of Science Degree in American Dance Pedagogy. Jenna is the resident choreographer at the World of Coca-Cola and has taught musical theatre throughout the Atlanta metro area at the Georgia Dance Conservatory, Dance 101, and The Performer’s Warehouse. Jenna interned at Broadway Dance Center in New York City. She also served as an assistant for the Radio City Rockette Summer Intensive and assisted workshops for The PULSE on Tour and Hoctor's Dance Caravan.

Jenna performed overseas as a dancer and magic assistant in Dream at the Sandcastle Theater. She appeared on an episode of Extreme Makeover Home Edition and danced alongside Kristin Chenoweth during a Broadway themed episode. Recent Atlanta productions include Mary Poppins, 42nd Street (City Springs Theatre), Mamma Mia! (Aurora Theatre), Singin’ in the Rain, Joseph and the Amazing Technicolor Dreamcoat, Catch Me If You Can, Damn Yankees, West Side Story and Young Frankenstein (Atlanta Lyric Theatre), Evita (Serenbe Playhouse).

Jenna brings a positive energy that encourages a place of acceptance and allows space for exploring new ideas and concepts! She likes to meet teachers and students where they are and let imaginations and creativity shine as participants work toward a common goal.
Amy Reader is a fiber and installation artist based in Charlotte, NC. Her primary interest is in using fibers and textiles to create sculptural forms. In 2015, Amy facilitated a large scale, collaborative crochet installation that received international acclaim. In Charlotte, Amy and other fellow fiber artists created a yarn bombing installation in collaboration with Charlotte City Partners under a placemaking grant. In 2016, Amy traveled to Peru for an artist residency in the Amazon Rainforest where she built a permanent sculpture in the jungle. From 2016-2018, Amy was a Display Artist at Anthropologie where she created large scale installations and window displays. In early 2019, Amy was invited back to her alma mater to facilitate a conversation with current undergraduate students about arts in the life of the city. This was part of the A&S Next program to prepare students for careers after college. She was the youngest alum invited to this program. Currently, Amy splits her time between creating her own soft sculptures and fiber art jewelry, teaching workshops, and supporting other creative businesses in the fabrication and execution of large scale installations. Amy is a member of the Society for Embroidered Work - an international honor society promoting the best stitched art worldwide. She has been featured on local news segments like Wilson’s World on WCCB and on the art blog Brown Paper Bag.

Workshop Session 2

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Dr. Scott Stewart

Scott Stewart is on the Instrumental Music faculty at The Westminster Schools in Atlanta, where he teaches and conducts both Upper School Winds and Percussion and Orchestra. He is the Music Director and Conductor of the Atlanta Youth Wind Symphony, which has made recent appearances at Carnegie Hall, Alice Tully Hall, Disney Concert Hall, Severance Hall, the Strathmore, and the New World Center. He served as the Director of Wind Studies at Emory University from 1999-2013, where he conducted the Emory Wind Ensemble and taught courses in conducting, wind band literature and history, and film music. Stewart holds a Bachelor of Music Education and Doctor of Music in Conducting from the Jacobs School of Music at Indiana University, and a Master of Music from the Butler School of Music at the University of Texas at Austin. He is an active guest conductor, teacher, clinician, author, speaker, and saxophonist. He is the on-air host of 90.1 WABE’s “Strike Up the Band” radio program, and appears regularly on “City Lights with Lois Reitzes” as film music commentator.

Workshop Session 1
Lights! Camera! Action! Music!
Integrating Film, TV, and Video Game Music into the Classroom

This workshop explores the function of music in film, television, and video games and how music for media might be integrated into the music or non-music classroom.

Workshop Session 2
Bon Appetit!
Healthy and Creative Programming Ideas for Performance Ensembles

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